## Premature Ejaculation Diagnostic Tool



This is a questionnaire to help identify men who may have a problem with ejaculating too soon during sexual activity. Even if you do not have difficulties, please answer all the questions.

- Please circle the number that best represents your answer for each of the questions below
- Please circle only one number for each question
- Remember there are no right or wrong answers to these questions
- While your experiences may change from time to time, what we need to know is your general experience with intercourse.

## **PLEASE NOTE:**

Ejaculation refers to the release of semen after penetration (i.e. when your penis enters your partner)

	Not difficult at all	Somewhat difficult	Moderately difficult	Very difficult	Extremly difficult
How difficult is it for you to delay ejaculation?	O	1	2	3	4
	Never or almost never (0%)	Less than half the time (25%)	About half the time (50%)	Over half the time (75%)	Always or almost always (100%)
Do you ejaculate before you want to?	O	1	2	3	4
Do you ejaculate with very little stimulation?	O	1	2	3	4
	Not at all	Slightly	Moderately	Very	Extremely
Do you feel frustrated because of ejaculating before you want to?	0	1	2	3	4
How concerned are you that your time to ejaculation leaves your partner unfulfilled?	0	1	2	3	4

